

ANNUAL REPORT

2020-21



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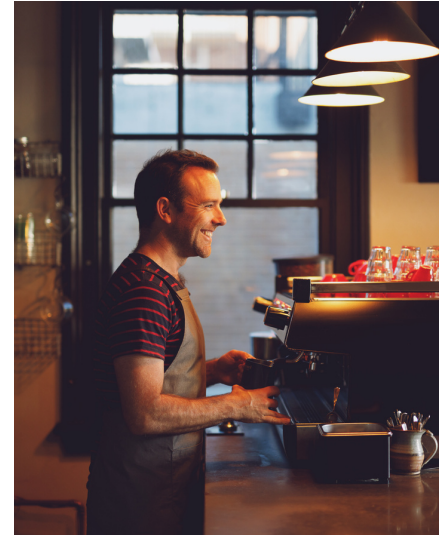
GPO Box 423
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PRESIDENTS REPORT

We now celebrate our 7th year as a community based, not-for-profit organisation that supports and promotes the wellbeing of men and boys in Tasmania.

After emerging as an informal network of men and women from Tasmanian health and community sector organisations, we have grown our membership, established a website, delivered presentations, conducted community consultations, held public events and contributed submissions to inform public policy.



We have also continued to share current research, news, other information and resources with the community sector to enable continued improvement of opportunities for men and boys. Specifically, over the past 12 months we have developed our 4 strategic pillars:

- delivered men's health presentations and workshops to organisations and groups within Tasmania
- created a point of contact for resources and referral for men and boys
- advocated a male perspective to government and community sector policy and program development
- promoted positive, healthy stories of masculinity in our community.

In the 2020-21 year we have:

- convened the Tasmanian Men's Health Network
- delivered presentations, workshops and events to groups and organisations through funding from Primary Health Tasmania
- distributed over 10,000 Dads' Books and Blokes' Books
- continued to build on our annual International Men's Day breakfast
- distributed regular newsletters with updates on the latest research, training, conferences, forums and resources, and other men's health information
- lobbied politicians on the specific health and wellbeing needs of men and boys and written budget and election submissions seeking funding to enhance the work of MRT in the Tasmanian community
- provided governance and other support to fledgling male focused organisations – Man Up Tasmania and TasDads
- lobbied for a Tasmanian male suicide prevention strategy
- secured an office facility at 16b Elmsleigh Road, Derwent Park.

In addition to expressing our thanks to you, our members and supporters, we wish to thank the following organisations for their ongoing support of our work:

- Primary Health Tasmania
- Minister Jeremy Rockcliff, who continues to support us through participation in our events and discussions with us about male health
- Australian Men's Health Forum (AMHF), who provide valuable national leadership and perspectives on male health
- Hydro Tasmania (support for the Dads' Book)
- Hobart Friendly Care Pharmacies (support for the Dads' Book two years running).

We look forward to working with our members, partners and sponsors, and continuing to provide resources that add value to the lives of men and boys in our community.

A handwritten signature in blue ink that reads "Brendan". The script is fluid and cursive, with the 'B' being particularly large and stylized.

Brendan Sullivan
President



international MEN'S DAY 2020

MRT President Brendan Sullivan convened our COVID-safe International Men's Day breakfast for 2020. Mitch McPherson shared a powerful message for us about men's mental health at the event, and we were grateful to Minister Jeremy Rockliff, who also acknowledged the day and the challenges and contribution of men and boys in Tasmania.

Once again it was great to have the support of Tasmanian Men's Shed Association, Mates4Mates, TasMen and others.



TASMANIAN MEN'S HEALTH NETWORK

In early 2021, MRT convened the Tasmanian Men's Health Network, to collaborate on a budget submission seeking financial support from the Tasmanian Government.





DADS' BOOK LAUNCHED

Just in time for Father's Day 2020, MRT proudly launched the first edition of the Dads' Book - a book of resources and ideas for the new and expectant dad.

This book was put together with assistance from the community services Cert IV students at Launceston TAFE, a grant from Hydro Tasmania, and a donation from Hobart Friendly Care Pharmacies, and with great assistance from several dads in the MRT and TasDads networks.



Launching the Dads' Book at The Haven, thanks to support from the Child Health Association Tasmania (now known as Families Tasmania). Above, talking to the ABC, and right Sam Grachan (TasDads) and Jonathan Bedloe (MRT).

WE'RE PROUD TO SUPPORT THESE ORGANISATIONS AND THE WORK THEY DO



TASMANIAN MEN'S HEALTH NETWORK

In 2020-21 MRT convened the Tasmanian Men's Health Network. The Network exists to collaborate to advocate for increased funding and action to address male health and wellbeing.

Participating members:

Men's Resources Tasmania (Convenor)

Tasmanian Men's Shed Association

Mates 4 Mates

TasMen

Rural Alive and Well

Men Care Too

TasDads

Man Up Tasmania

THANKS TO OUR DONORS, SPONSORS AND SUPPORTERS

Hobart Friendly Care Pharmacies

Primary Health Network Tasmania

4Business and Community

Hydro Tasmania

RACV Hobart Apartment Hotel

Neighbourhood Houses Tasmania

Patrick Badger Designs - Monotone Printers



TREASURERS REPORT

I am tabling the 2021 financial statements, together with the ACNC Annual Information Statement 2021. Copies are available for any member who wishes to view them. The ACNC Annual Information Statement is due by 31 December and will be uploaded prior to that date on ratification by our board of management.

In summary:

	2021	2020
Gross income	51,441.45	40,964.01
Operating expenses	49,086.19	29,500.03
Net Cash Position	2,355.26	11,463.98
Cash at Bank	31,706.95	29,351.19

We recorded an operating surplus of \$2,355.26

This year saw a change in both the treasurer and the accounting system used to record MRT financial information. These changes were in response to the previous treasurer resigning in January 2021 due to work commitments, and the decision by Wave accounting software to discontinue support for its product in Australia. As the incoming treasurer, I researched the market for free accounting software and selected Manager accounting software as the new system for MRT.

Some challenges were encountered in transferring MRT financial data from Wave to Manager, but these were overcome in time to prepare the full financial statements using the Manager accounting package. The only remaining issue is that the free version is a desktop app, which I have loaded onto my personal computer, so it is not accessible to other board members. I have mentioned this to our president and vice president and will further explore low cost options to move to a cloud based system that will allow appropriate members to view the accounts.

Auspicing

In February we were approached by Man Up Tasmania after they received a grant from The Mental Health Council of Tasmania and were not set up to be able to manage this funding. Following discussion, we agreed to enter into an auspicing arrangement to assist them to account for receipt and spending of the grant funds. This arrangement has continued and remains viable today, with Aaron actively participating on the MRT board of management.

Ken Reid

Treasurer



**Mens Resources Tasmania
Profit and Loss Statement
Year Ended 30 June 2021**

	2021	2020
Income		
Grants Received		
ManUp Tas grants received	13,500.00	
PHT grant	15,000.00	
TasDads receipts		
Total — Grants Received	28,500.00	
ASIST Training Income	7,126.80	
Contributions (Members) Received	525.00	497.47
Donations Received	8,466.52	19,052.95
Event Income	3,045.61	3,912.25
Interest received		
Sales	3,777.52	17,270.20
Other income		231.14
Total — Income	51,441.45	40,964.01
Less: Expenses		
Grant related expenses		
PHT grant expenses	2,698.00	
ManUpTas Expenses	8,958.37	
Other grant related expenses		4,042.70
Advertising and Marketing	812.26	633.29
ASIST Training Expenses	6,570.00	
Board Expenses	508.69	687.29
Computer Expenses	1,954.20	
Consulting/contracting Fees	2,712.00	
Event Expenses	1,675.00	3,503.35
Fees and Charges	260.46	52.26
Insurance	2,301.40	460.02
Management Fees	11,200.93	4,994.70
Office Expenses	145.08	250.19
Production, Publishing and Printing	9,019.80	14,711.23
Subscriptions/memberships Paid	210.00	135.00
Telephone/internet	60.00	30.00
Total — Expenses	49,086.19	29,500.03
Net profit (loss)	2,355.26	11,463.98

**Mens Resources Tasmania
Balance Sheet
Year Ended 30 June 2021**

	2021	2020
Assets		
Current Assets		
Cash at bank	31,706.95	29,351.19
Receivables		1,500.00
Total — Current Assets	31,706.95	30,851.19
Non Current Assets		
Office Equipment		
Total — Assets	31,706.95	30,851.19
Liabilities		
Current Liabilities		
Payables		
Unspent grant funds		
Man Up Tas - unspent grant funds	4,291.63	
MRT - unspent grant funds	12,302.00	13,970.26
Total — Unspent grant funds	16,593.63	13,970.26
Total — Current Liabilities	16,593.63	13,970.26
Total — Liabilities	16,593.63	13,970.26
Net assets	15,113.32	16,880.93
Equity		
Retained earnings	15,113.32	16,880.93
Total equity	15,113.32	16,880.93

ABOUT MRT

We contribute a male voice to community conversations and public sector policy and provide workshops and presentations on health and wellbeing issues relevant to men and boys in a variety of settings. We operate through volunteer involvement, with some support from members, member organisations and other supporters.

DONATE AT: www.givenow.com.au/support4menandboys





MEN'S
RESOURCES
TASMANIA

WWW.MRTASMANIA.ORG
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